

LAP POOL SCHEDULE

Two lap lanes are always available. Lane sharing may be required.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
					CLOSED	CLOSED	
5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	7:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	8:00 - 10:00 AM FITNESS SWIM (ages 14+ only)	
9:00 AM - 6:30 PM OPEN SWIM (All ages)	9:00 - 10:00 AM AQUA FITNESS 4 LANES	9:00AM - 5:00 PM OPEN SWIM (All ages)	9:00 - 10:00 AM AQUA FITNESS 4 LANES	9:00AM - 4:30 PM OPEN SWIM (All ages)	9:00 - 10:00 AM AQUA FITNESS 4 LANES	10:00 - 11:00 AM AQUA FITNESS 4 LANES	
	9:00AM - 5:30 PM OPEN SWIM (All ages)		9:00AM - 5:30 PM OPEN SWIM (All ages)		9:00AM - 4:30 PM OPEN SWIM (All ages)	10:00AM - 1:00PM GROUP LESSONS \$ Adult Level 1: 10-11am Hammerheads: 10-11am Adult Level 2: 11am-12pm Starfish III: 11:30am-12pm Stingray: 12-12:30pm	11:00AM - 1:00 PM OPEN SWIM (All ages)
	GROUP LESSONS \$ Hammerheads: 5:30-6:30pm Starfish III: 5:30-6pm Stingray: 6-6:30pm		GROUP LESSONS \$ Hammerheads: 5:30-6:30pm		GROUP LESSONS \$ Hammerheads: 5:30-6:30pm Starfish III: 5:30-6pm Stingray: 6-6:30pm	1:00 - 5:30 PM REC SWIM 3 LANES	1:00 - 5:30 PM REC SWIM 3 LANES
6:00 - 7:00 PM AQUA FITNESS 3 LANES	6:30 - 8:30 PM OPEN SWIM (All ages)	6:00 - 7:00 PM AQUA FITNESS 3 LANES	6:30 - 8:30 PM OPEN SWIM (All ages)	4:30 - 7:30 PM REC SWIM 3 LANES	CLOSED	CLOSED	
7:00 - 8:30 PM OPEN SWIM (All ages)	6:30 - 8:30 PM OPEN SWIM (All ages)	GROUP LESSONS \$ Adult Level 1: 7-8pm OPEN SWIM (All Ages) 8:00pm-8:30pm	6:30 - 8:30 PM OPEN SWIM (All ages)				

THERAPY POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
					CLOSED	CLOSED	
5:00 - 12:00 PM FITNESS SWIM (ages 14+ only)	5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	5:00 - 12:00 PM FITNESS SWIM (ages 14+ only)	5:00 - 9:00 AM FITNESS SWIM (ages 14+ only)	5:00 - 12:00 PM FITNESS SWIM (ages 14+ only)	7:00 - 9:00 AM	8:00 - 10:00 AM	
	9:00 - 10:00 AM AQUA FITNESS		9:00 - 10:00 AM AQUA FITNESS		9:00 - 10:00 AM AQUA FITNESS	9:00 - 10:00 AM AQUA FITNESS	10:00 - 11:00 AM AQUA FITNESS
	10:00 - 12:00 PM FITNESS SWIM (ages 14+ only)		10:00 - 12:00 PM FITNESS SWIM (ages 14+ only)		10:00 - 12:00 PM FITNESS SWIM (ages 14+ only)	PRIVATE & GROUPS Starfish I: 10:30-11am Starfish II: 11-11:30am Aquatots: 11:30am-12pm Privates: 11:30am-1pm	11:00 - 1:00 PM OPEN SWIM (All ages)
12:00 - 3:00 PM OPEN SWIM (All ages)	12:00 - 3:00 PM OPEN SWIM (All ages)	12:00 - 3:00 PM OPEN SWIM (All ages)	12:00 - 3:00 PM OPEN SWIM (All ages)	12:00 - 3:00 PM OPEN SWIM (All ages)	1:00 - 5:30 PM REC SWIM	1:00 - 5:30 PM REC SWIM	
PRIVATE LESSON PRIORITY 3:00-7:00 PM	PRIVATE & GROUPS 3:00-7:00 PM Starfish I: 4:30-5pm Starfish II: 5-5:30pm	PRIVATE LESSON PRIORITY 3:00-7:00 PM	PRIVATE & GROUPS 3:00-7:00 PM Starfish I: 4:30-5pm Starfish II: 5-5:30pm	PRIVATE LESSON PRIORITY 3:00-6:30 PM			
OPEN SWIM (All Ages) 7:00-8:30 PM	OPEN SWIM (All Ages) 7:00-8:30 PM	OPEN SWIM (All Ages) 7:00-8:30 PM	OPEN SWIM (All Ages) 7:00-8:30 PM	OPEN SWIM (All Ages) 6:30-7:30 PM	CLOSED	CLOSED	
				CLOSED			

During the indicated lesson and class activity times, the programs have priority in the pool.
We appreciate your cooperation if asked to share space or clear the area during these times.